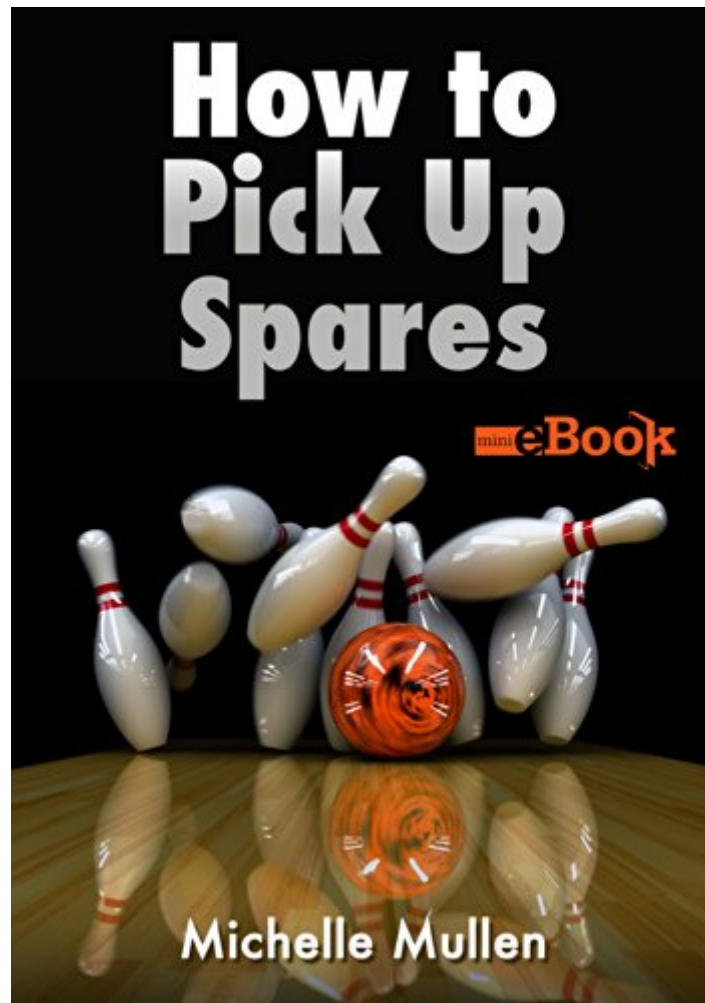




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How To Pick Up Spares Mini EBook



Synopsis

How to Pick Up Spares breaks down 51 pin combinations and spare-shot setups for both right-handed and left-handed bowlers. It explains how to set up for the shot using a hook ball, aiming for the strike target, or using a plastic spare ball, which will give the bowler a straight shot. Each example has an accompanying art figure showing where the feet are set up on the lane and the path of the hook ball and straight ball. The original content in this mini e-book will help you pick up spares more effectively. If you're also interested in developing your complete game, then complement How to Pick Up Spares with Michelle Mullen's Bowling Fundamentals, Second Edition (Human Kinetics, 2014), which provides comprehensive coverage on the equipment, techniques, lane play and spare-shooting strategies, and mental training necessary for success on the lanes.

Book Information

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Customer Reviews

Make no mistake, Michelle Mullen is an accomplished bowler. That is why I am so disappointed in this hastily written, not very well researched or well thought out book. Compare this book to Fred Bordan's classic 1986 book, "Bowling: Knowledge is the Key". There is simply no comparison. Fred Bordan's must have spent hundreds of hours crafting his classic book on bowling. By comparison,

Michelle Mullen starts the book with a nice but short essay that would barely qualify as a brief article in a bowling magazine. Then for the rest of the book she merely copies and pastes the same bowling chart over and over again, each time with the target pin being modified and the footwork shifted. Worst of all, Michelle Mullen writes without any explanation in the opening short essay that the approach should be perfectly straight when a right handed bowler hits the 2, 4, 7, or 8 pins, but the bowler should walk TOWARDS the target when hitting the 3,6, 9, and 10 pins. That may be valid, but Michelle Mullen does not show that in her bowling charts, and it most certainly merits a full explanation as opposed to the few sentences in her book explaining it. Furthermore, there is no justification for the book not having a single photograph in it-- in an eBook it is literally free to add color pictures because there isn't any actual printing press or ink or paper involved. All in all, this book is completely unworthy of a bowler of the caliber of Michelle Mullen. She should have written a much better book than this, and it is baffling why she permitted her name to be associated to this glorified magazine article.

written so I can understand it!! my 10 pin pickup has increased 100%

Amazing resource. It breaks down every spare combination and shows the correct starting board and arrow to execute the shot. Improved my game immediately!

it's great! but a little over blown, (too much) could use smaller combination of pins.just too many combs but I like lots of stuff read and try.Mr. Bob

A very helpful book for those wanting to improve their bowling.

Some good tips. Can't beat the price. I'm always on the lookout for tips that could help improve my game. I found a few here.

Great point of reference book... I enjoyed practicing my spares with it!!

Clear, concise and well illustrated. Michelle writes almost as well as she bowls and teaches.

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